

Patti and Rusty Rueff School of Design, Art, and Performance
Division of Dance - Purdue University
Fall 2023

Course: DANC 10100 Modern I, Fall 2023 TUTH 1:30pm –2:45pm, PAO Studio 1171
CRN: 22159S, 22155L
Instructor: Carol Cunningham-Sigman
Office: 1107 Yue-Kong Pao Hall of Visual and Performing Arts
e-mail: carolec@purdue.edu
Text: Handouts, video viewings on Brightspace

Course Description: Theory and technique of Modern Dance. Technical development of the body for greater control and range of movement for dance and other related movement activities.

Course Objectives:

This course is designed to provide an understanding of the following:

1. Basic anatomical, physiological and mechanical principles of the human body as they apply to movement for the dancer.
2. Fundamentals of locomotor movement and non-locomotor movements
3. Kinesthetic and muscular response to tempo, rhythm and non-rhythmic.
4. Performance awareness of spatial design and movement dynamics
5. Modern Dance Appreciation – Dance as a fine art form vs. entertainment art form
6. The relationship between dance technique and performance
7. Develop core strength, stability, mobility, flexibility and mindful.

Course Content/Dance Vocabulary: (Often based on using Classical Ballet Terminology)

1. **Techniques** – purpose of
Alignment of the Body
Simple **Stretches:** reaches, reaches with plie, extensions and contractions of the **Spine** (flat and rounded back)
Feet and Ankles: flexion, extension, brushes, turned-out & parallel *tendu, degage*
Positions of the feet 1st, 2nd, 3rd, 4th, 5th
Legs: Plies (turned-out and parallel) *demi and grand plies*
Eleves (rise on ball of the foot, turned-out and parallel)
Circles (outward/inward) *rond de jambe*
Swings bent, straight leg)
Lifts (emphasizing brush of foot) *grand battement*
Folding/Unfolding *develope, envelope*
Lunges
Passé (turned-out and parallel) *femoral joint flexion*
Attitude (turned-out and parallel)
Under-curves and Over-curves, weight shifts of the body
2. **Elements of Dance – the use of the body in:**
Space: floor patterns, directions, focus, level, dimension, contour
Dynamics: swing, sustained, percussive, vibratory, suspended
Rhythm: 4/4, 3/4, mixed meters
3. **Locomotor Movements:** walk, run, hop, jump, leap, skip, slide, gallop
4. **Non-Locomotor Movements:** flexions, extensions, rotations, contractions and releases, falls and recoveries, sinking and rising, condensing and expanding
5. **Body Isolations:** head, shoulders, arms, hands, ribs, pelvis, knees, feet
6. **Improvisation:** based on the dance elements
7. **Dance Combinations:** based on the above

8. **Body Work:** Bartinieff Movement Fundamentals, core exercises, yoga, etc.

Course Requirements:

- Daily participation required in the dance studio or Zoom Brightspace if quarantined and well enough to dance.** – * **unexcused absences will lower your grade** = 60 pts.
- 2 brief written assignments** 5 pts. each = 10 pts.
- **2 skill evaluations** on a class dance phrase 10/27 and 12/1. 5 pts. each = 10 pts.
- **Final Critique:** You are required to attend, and write a **thoughtful** dance critique (see Critique Guidelines) on the Purdue Contemporary Dance Company's Winter Dance Works dance concert, December 8, 7:30pm & Dec. 9, 2:30pm & 7:30pm in the Nancy T. Hansen Theatre. **An electronic version of your critique is due by 5 pm, Wednesday of Final Exam Week. This is a hard-due date and time! Failure to turn in this critique on time will result in a zero for that assignment.** Critique guidelines on Brightspace
and they will be further discussed at a later date. Critique = 20 pts.
TOTAL =100 pts.

* **Unexcused absences will lower your BASE grade**

0-3 absences – A

4-5 absences automatic - B

6 absences automatic – C

7 absences automatic – D

8 or more – automatic Fail

One 4-page Extra Credit paper will be allowed as a make-up for one **excused absence**. (*Compare and Contrast assignment between 2 selected modern Dance historic choreographers.*)

98-100 **A+** 93-97**A** 90-92**A-** 88-89**B+** 83-87**B** 80-82**B-** 78-79**C+** 73-77**C** 70-72**C-**

68-69**D+** 63-67**D** 60-62**D-** 0-59**F**

Note:

Students taking the class P/NP are held to a higher standard. They are required to turn in all written assignments, dance critiques, and take all tests and quizzes. In addition, upon the fourth absence (or equivalent – see above), they will receive a grade of “NP.”

Additional information about purchasing tickets for the Winter Dance works concert:

The Purdue Contemporary Dance Company (PCDC) Winter Works Concert: Students in all dance classes are required to attend this concert, fulfill an assignment given by the instructor based on their experience, and provide proof of ticket purchase. While the assignment may not reflect the exact subject matter of the dance course, the purpose of viewing this concert is for you to experience concert dance. This exposure to dance serves as a type of education in appreciating the dance arts that have served you in this course.

*Nancy T. Hansen Theatre. Reserved Seating
Pao Hall Box Office, Front Lobby*

Tickets (765) 494.3933 or hlmtix@purdue.edu or <https://am.ticketmaster.com/purdue>

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Dance Classroom Etiquette (Disregard and disrespect of any of these items will affect your participation section of your grade):

- Street shoes are never to be worn in the studio, locker rooms, or the long hallway between the studios. Shoes carry small stones and dirt to the floor which can injure bare feet.
- Follow Purdue's Covid's guidelines. Your choice to wear mask or not.
- Eating, drinking or chewing gum is not allowed in the studio.
- Water must be kept in your own bag and you may drink it in the studio.

- Once class begins, do not sit down **or leave the studio** without asking me for permission.
- Save outside conversation for before or after class.
- Please wear antiperspirant/deodorant.
- It is customary to applaud for each other, teacher and accompanist at the end of class.
- You are expected to be on time for class and remain throughout the entire lesson. If you are 5 minutes late you will be asked to watch class and will receive partial credit for observing class. This classic rule is so that you will not injure your body because you missed warm-up.
- Warm up gently while you are waiting for class to begin.
- Proper attire guidelines will be followed during class (including hair requirements).
- Cell phones are not allowed in dance studio. If phone is in your bag, turn it off.

Attire: Yoga wear describes modern dance clothing best.

Please wear black stretch cotton lycra bottoms with the length of the leg no longer than ankle bone. Tops should be solid in color without a logo displayed and fit snug. Longer hair needs to be tied back, no excessive accessories, i.e.: belts, bulky jewelry, hair clips. No hair gel or body lotion (it makes the floor slippery). Women, please wear supportive athletic bra and men wear a dance belt -sold on amazon. (Similar to an athletic supporter) Clean clothing and good hygiene is appreciated!

The Division of Dance utilizes a practice of consent in all dance classes, auditions, and rehearsals. Instructors will describe their approach to tactile feedback on the first day of classes. Students have agency to communicate in their chosen mode their level of comfort or discomfort with tactile feedback. Instructors encourage students to communicate as often as they need their desires to not receive or to receive feedback via touch throughout the semester. Additionally, this permission to use or to not use tactile cues may vary from class to class, moment to moment and it is the priority of the Dance Division that students feel safe in our studio classrooms. All instructors will respect the body autonomy and any communication from the students.

Performance opportunities:

If you enjoy performing, please consider participating in the Division of Dance's performances. The dance faculty and student choreographers work with dancers who have a variety of skill levels and performance experience. All majors are welcome to participate in all dance classes and events.

ABOUT THE PURDUE CONTEMPORARY DANCE COMPANY:

Purdue Contemporary Dance Company (PCDC) is the resident dance company of the Patti and Rusty Rueff School of Design, Art, and Performance, Division of Dance. The company is co-directed by the dance faculty and made up of dancers from across campus who are cast in a main stage dance concert produced at the end of each semester. Our company focuses on choreographic exploration and the creation of contemporary dance works. Dancers contribute creatively to the rehearsal process as well as being instructed in how to perform with technical and expressive proficiency on stage. We accept dancers of various dance backgrounds, with an emphasis on diverse movement qualities and unique styles of movement experience. PCDC is both a college course (DANC 24500) and a student organization. Auditions are conducted each semester for a mainstage performance in the Nancy T. Hansen Theatre. Please see our audition information below.

AUDITIONS FOR PURDUE CONTEMPORARY DANCE COMPANY - DANC 24500

Fall 2023: • Tuesday, August 29, at 6:00pm - 8:00pm at Pao Hall 1171

You must complete the **audition form** and send via email to Renee Murray at **murra113@purdue.edu**. You will receive an email response with further audition information.

Deadline for submission is **Tuesday, August 29, 2023 by 4:30pm.**

During the audition you will learn and perform short movement phrases. PCDC is open to all

majors and movement experiences.

If you have submitted an audition form but have not received an email response within 72

hours, or if you have additional questions, please email **rueffdance@groups.purdue.edu**.



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XSeries 2023 - 2024

XSeries is the student-run organization that produces opportunities for dancers to create and perform, regardless of their background in dance. It is a program that relies on student leadership and community participation to support and nurture students' growth in their skills and confidence as creators, performers and presenters of dance.

A program of the Division of Dance, School of Design, Art, and Performance, College of Liberal Arts, Purdue University.

Follow us on social media (FB and IG) to stay informed, or contact the Division of Dance for updated information.

XWorks 2023 - 2024

Concert Dates: Friday, March 1, 2024 – 7:00pm & 9:00pm Saturday, March 2, 2024 – 5:00pm & 7:00pm

4 performances (seating is limited, tickets on sale ~ 30 min before show, \$5 admission)

This is a once-a-year formal, student-directed concert that straddles the fall and spring semesters. Dances are welcome from all styles of dance, modern, jazz, hip hop, ballet, tap etc, and are expected to be well-developed and polished. To be involved, students attend the fall callout for dancers and choreographers held at the Dance Xchange – Friday, November 10, 2023 at 5:30pm. The performance is in the spring semester in the Dance Studio Theatre - Pao 1179. Works should be performance-ready by mid-February 2024 or risk being cut from the lineup.

Please watch our social media pages for continued updates.

Dance Xchange 2023 -2024

This totally relaxed and informal venue is for presenting dance that is in progress. Choreographers can try out their dance ideas by showing movement material to receive feedback. Positive and gentle feedback is offered by student peers, and sometimes faculty who are in the room, and everyone is encouraged to offer their responses to the dance. Dances (solo or group) can be in rudimentary stages, perhaps simply a nugget of an idea that is barely one minute long. Choreographers involved in other XSeries performances show their works-in-progress at Dance Xchange. We suggest coming to watch and support others, as well as participating as a choreographer or dancer. Contact Holly Jaycox at hollyj@purdue.edu for additional information concerning important dates and deadlines. Fridays at 5:30pm in Pao 1179. Fall 2023: Sept. 15, Sept. 29, Nov. 10. Spring 2024: Jan. 19, Feb. 2, Feb. 16.

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Xperimental Concert

This is a semi-formal annual concert created and produced during the fall semester. This show is designed for trying out new and unusual ideas for dances. These dances can be very experimental or perhaps a first-time choreographic attempt. We encourage bold experiments! The concert is open to any dance styles, but insists on new and creative approaches to dance, and is usually performed in the round. Crew members are needed to perform jobs including run lights, run sound, and be stage and house manager.

Call out: Tuesday, August 30, 2023 - 8:00pm

Concert Date - October 20, 2023 - 5:30pm & 7:30pm

Nondiscrimination Statement

Purdue University is committed to maintaining a community which recognizes and values the inherent worth and dignity of every person; fosters tolerance, sensitivity, understanding, and mutual respect among its members; and encourages each individual to strive to reach his or her own potential. In pursuit of its goal of academic excellence, the University seeks to develop and nurture diversity. The University believes that diversity among its many members strengthens the institution, stimulates creativity, promotes the exchange of ideas, and enriches campus life. More details are available on our course Brightspace table of contents, under University Policies.

Accessibility and Accommodations:

Purdue University strives to make learning experiences as accessible as possible. If you anticipate or experience physical or academic barriers based on disability, you are welcome to let me know so that we can discuss options. You are also encouraged to contact the Disability Resource Center at: drc@purdue.edu or by phone: 765-494-1247.

Mental Health Statement

If you're struggling and need mental health services: Purdue University is committed to advancing the mental health and well-being of its students. If you or someone you know is feeling overwhelmed, depressed, and/or in need of mental health support, services are available. For help, such individuals should contact [Counseling and Psychological Services](#)

[\(CAPS\)](#) at 765-494-6995 during and after hours, on weekends and holidays, or by going to the CAPS office of the second floor of the Purdue University Student Health Center (PUSH) during business hours.

Academic Integrity

Academic integrity is one of the highest values that Purdue University holds. Individuals are encouraged to alert university officials to potential breaches of this value by either emailing integrity@purdue.edu or by calling 765-494-8778. While information may be submitted anonymously, the more information is submitted the greater the opportunity for the university to investigate the concern. More details are available on our course Brightspace table of contents, under University Policies.

Fall Covid Resources and Guidance

As we prepare to start another academic year, Purdue University is continuing to provide resources and guidance to help the campus community protect themselves and others against COVID-19.

Since returning to a residential campus experience earlier than most at the beginning of the pandemic, Purdue has been a leader in navigating COVID-19. We have done so because of the individual responsibility that our students, faculty and staff have owned versus relying on strong mandates. We will continue to follow this pathway with the start of the 2022-23 academic year, and we need you to continue to play your part.

Campus healthcare leaders continue to monitor closely the evolving situation with the omicron subvariant. Those cases being reported locally continue to suggest very mild or mild severity. To our knowledge, there have been no additional hospitalizations reported related to COVID-19 from the Purdue community during the summer months.

Purdue does not have immediate plans to resume routine COVID-19 surveillance testing for students and employees at the West Lafayette campus. That said, we will continue to monitor case numbers, severity, and wastewater virus levels to determine if there is a need for on-demand targeted testing for individuals and groups who may be at higher risk for spreading the virus.

We will continue to make data-driven decisions regarding campus COVID-19 policies. Current planning for the fall semester will rely heavily on personal responsibility of each Boilermaker. Guidance for the upcoming fall semester can be found [here](#), and we will continue to monitor and adjust this guidance as needed.

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Below is some information you might find helpful as we enter the 2022-23 academic year. All public health protocols for our campus community are subject to change if the need arises – such as a surge in the severity of cases or new variants emerging.

Testing

- At this time, there are no pre-arrival testing requirements for students. However, students are encouraged to monitor for symptoms and test for COVID-19 if they think they have been recently exposed before and after arriving to campus.
- Students who are experiencing symptoms of COVID-19 and need to schedule a test can do so through the [Purdue University Student Health Center](#). At-home COVID-19 tests will be available, at no charge, at each university residence main desk as well as in the over-the-counter (OTC) product [vending machines](#) located around campus. If a student tests positive with an at-home COVID-19 test, they can email the Protect Purdue Health Center at pphc@121.health for assistance with absence notifications or isolation.
- Faculty and staff who are experiencing symptoms of COVID-19 and need to schedule a test can do

so through the [Center for Healthy Living](#) or their primary care provider.

- If you test positive with an at-home test, students, faculty and staff can calculate their individual isolation periods through the [CDC calculator](#).

Vaccines

- If you haven't done so already, we encourage anyone fully vaccinated against COVID-19 to [submit proof of vaccination](#).
- While being vaccinated against COVID-19 is not required, it is highly encouraged.
- If you need to schedule a vaccine or booster, students can do so through [PUSH](#). Faculty and staff can [schedule a vaccine or booster](#) through the CHL.

Quarantine and isolation

- If you have had a known exposure to COVID-19, please follow the [latest guidance](#) from the CDC.
- The University has a limited amount of housing space available for isolation and quarantine during the 2023-24 academic year. Students should have a personal plan for proper quarantine and isolation should it be necessary in the event that on-campus accommodations are not available at any given time. Information regarding quarantine and isolation resources can be found [here](#).
- Faculty, staff and students should follow the current [isolation and quarantine protocols](#) from the CDC and can calculate their quarantine and isolation period through the [CDC calculator](#).
- Masks
- There are no masking requirements in place at this time. Purdue students, faculty, staff and visitors may choose to further protect themselves by continuing to wear a high-quality mask at any time, and their decision to do so should be respected by all.

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Adhering to the revised [Protect Purdue Pledge](#) and protocols will allow us to operate safely, openly and actively. Please review the current [visitor](#), [event](#) and [travel guidelines](#) related to Protect Purdue. Any updates to these policies will be communicated to the campus community.

As we have done over the course of the past two-plus years, the Protect Purdue Medical Advisory and Protect Purdue Implementation teams continue to be guided by the latest science and medical expertise. Ongoing wastewater surveillance testing for COVID-19, which is being conducted in collaboration with the city of West Lafayette, is being monitored and will be used to inform whether changes to our protocols are warranted. In addition, we continue to work closely with local healthcare systems and the Tippecanoe County Health Department.

With all of this in mind, the primary goal for our Purdue community is to do everything we can to begin the semester healthy and strong – for yourselves and your fellow Boilermakers.

Thank you for all you will do to help us have a healthy and safe semester.

Emergency Preparation

In the event of a major campus emergency, course requirements, deadlines and grading percentages are subject to changes that may be necessitated by a revised semester calendar or other circumstances beyond the instructor's control. Relevant

changes to this course will be posted onto the course website or can be obtained by contacting the instructors or TAs via email or phone. You are expected to read your @purdue.edu email on a frequent basis.

Emergency preparedness is your personal responsibility. Purdue University is actively preparing for natural disasters or human-caused incidents with the ultimate goal of maintaining a safe and secure campus. Let's review the following procedure

For any emergency text or call 911.

There are more than 300 Emergency Telephones (aka blue lights) throughout campus that connect directly to the Purdue Police Department (PUPD). If you feel threatened or need help, push the button and you will be connected right away. Pao Hall has campus phone on each floor in the main corridor.

- If we hear a fire alarm, we will immediately evacuate the building and proceed to west Pao Hall Main Exit. Do not use the elevator. Go over the evacuation route (see specific Building Emergency Plan).
- If we are notified of a Shelter in Place requirement for a tornado warning we will stop classroom or research activities and shelter in the lowest level of this building away from windows and doors. Our preferred location is Pao Hall basement. Go to west stairwell and walk down.
- If we are notified of a Shelter in Place requirement for a hazardous materials release, we will shelter in our classroom shutting any open doors and windows.
- If we are notified of a Shelter in Place requirement for an active threat such as a shooting, we will shelter in a room that is securable preferably without windows. Our preferred location is our studio Pao 1171. Shut doors and window blinds.